

## **Early Childhood Family Mental Health Credential Application Instructions for Applicants Participating in an ECFMH Reflective Practice Cohort**

Congratulations on your decision to pursue your ECFMH Credential! We are very excited to have this opportunity to support your professional growth in the Early Childhood and Family Mental Health field. This credential recognizes the unique skills and knowledge base needed to work effectively with young children and their families. It is designed to be appropriate for a cross-disciplinary audience and can be attained at the Intermediate or Advanced level. You will be joining the more than 100 professionals from across our state, who have completed this process to date. To apply:

1. Complete and return your Letter of Intent to Apply.
2. Review the Intermediate and Advanced Credential Requirements to determine what level credential is appropriate for you.
3. Review the corresponding level Competency Self-Assessment and Attestation to assure that you have most of the skills required and a clear idea of which competencies you will need to develop to meet 90% in each domain.
4. You will be notified of your acceptance and assigned to a Reflective Practice Consultant based on your needs and availability.
5. Your consultant will contact you to set up an initial meeting to review and discuss your self-assessment and schedule group reflective practice consultation. These meetings will be 2 hours a month for 12 months. Twenty-four hours of reflective practice consultation is required to achieve the credential, so consistent attendance is very important.
6. You will need to complete and submit the ECFMHC Application and supporting documentation on or before January 15 of the year during your group consultation experience, (Most groups start at the beginning of the academic year).
7. Your application will be reviewed for completeness. If complete you will be provisionally approved pending the completion of the required 24 hours of consultation and signed Competency Self-Assessment and Attestation.
8. You will have a second individual meeting with your reflective practice consultant midway through the process to monitor progress, and again at the end of the process for a final review and sign-off.
9. The credential will be granted at the completion of all requirements. Your certificate will be mailed to you. If you have any questions about applying or participating, contact [NHAIMH@gmail.com](mailto:NHAIMH@gmail.com).